

Background Information – *The Residence* at the HONOR Center

The Residence at the HONOR Center Domiciliary is a bio-psychosocial residential rehabilitation treatment facility. Through a multi-program approach, we focus on the recovery of Veterans who are homeless, at risk of homelessness, and who have health concerns or disabilities which require a residential rehabilitation level of care. Veterans meeting this description may be eligible for a 3-6 month stay at *The Residence*. Hope, Opportunities, Networking, Outreach, and Recovery (HONOR) are all central components of The Residence Program.

Hope

When a place feels like home, the seeds of hope we all carry inside can sprout and bloom. *The Residence* can help Veterans flourish by providing a safe and secure home, healthy meals, and social support for recovery. It is our belief that hope is the essential and necessary ingredient to growth. By careful philosophical and structural design, *The Residence* welcomes each Veteran and treats each Veteran with the respect he/she deserves.

Opportunities

The Residence offers a full plate of activities, and each Veteran will participate in at least 4 hours per day of in-house therapeutic programming or outpatient treatments. Each Veteran will have the opportunity to develop a personalized activity schedule by choosing from a wide array of possibilities. Programming includes group experiences focused on life strategies and coping skills. Exercise and leisure activities are also easy to incorporate via the use of the on-site fitness center, billiard room, library/media center, and movie theater. The truly unique therapeutic kitchen and garden programs allow Veterans to improve nutrition and overall health while learning to prepare foods they have grown. Overall health is also the primary reason for offering state-of-the-art smoking cessation treatment in a smoke-free/tobacco-free environment. Regardless of a Veteran's interest and goals, *The Residence* has an opportunity waiting to be explored, and the staff will assist the Veteran in discovering and planning their future goals.

Networking

We all need people. At the heart of *The Residence* is a multi-disciplinary staff of compassionate professionals. Our primary goal is to develop a personal relationship with each Veteran focused on an individualized plan of recovery. Equally important aspects of the program are the connections Veterans make within their peer group. It is our strongly held belief that positive partnerships make for positive outcomes.

Outreach

Under the auspices of the Health Care for Homeless Veterans program (HCHV,) The HONOR Center houses multiple programs dedicated to assisting Veterans struggling with homelessness. Often a resident's individualized plan will involve coordination with outpatient providers at the HONOR Center who can assist with longer-term housing and recovery goals. Each resident will be assigned a Domiciliary Case Manager who can help in making these connections. The HONOR Center's outreach team ties together services from all over the North Florida/South Georgia Veterans Health System service network.

Recovery

Empowering each Veteran to achieve maximum possible physical and mental health by building on personal strengths is the theoretical underpinning of *The Residence*. Our focus is on creating a culture of respect while providing holistic care for any variety of challenges facing a resident. Living a full and meaningful life is a central goal of the program.

For additional information, please contact:

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